



## PRIMARY PE PLUS

### Training and Consultancy



## Delivering Gymnastics Safely at Key Stage 1 and 2

This course will equip you with the necessary skills, knowledge and understanding to safely deliver Gymnastics as part of your school's Physical Education curriculum. Throughout the day you will observe a practical teaching session delivered by the course tutor using pupils from the host school and be introduced to effective organisational principles. You will practise supporting (ie 'hands on') pupils as they perform the progressive steps of learning forward and backward rolls and other gymnastic skills. Later in the day you will explore the effective use and positioning of apparatus and mats, transition of floor skills onto apparatus, together with key health and safety issues.

\*Delegates will need to provide their own packed lunch, although refreshments will be available throughout the day. Delegates will need to come suitably dressed for practical activity.

**Course Code:** PE11-001

**Course Venue:**

Lillington Primary School,  
Cublington Road,  
Lillington,  
Leamington Spa,  
CV32 7AG

**Course Date:** 6<sup>th</sup> October 2011

**Course Times:** 9.30am – 3.15pm

**Course Cost:** £120

**Course Leader:**

Carolyn Robinson is an experienced educational consultant with a specialism in Primary Physical Education. Over the last 12 years she has worked as a local authority Physical Education Adviser for Warwickshire's Educational Development Service. Now working independently, Carolyn continues to offer her expertise through a range of courses and bespoke training opportunities for individuals, schools or clusters of schools.

"Fantastic ideas thank you! It was great to use real children to demonstrate the theory."

Primary School Teacher, 2010

To book on this course please contact Primary PE Plus on: 07548 745996 or e-mail: [info@primarypeplus.co.uk](mailto:info@primarypeplus.co.uk)